













## The first Indoor European Tug of War Cup competition will be held

November 26, 2022, in Saldus, Latvia.

The competition is organized by the European Tug of War Federation in cooperation with the Latvian Tug of War Federation Tug of War Club, "Saldus" in cooperation with the municipality of Saldus

## The competition will take place in weight categories:

- 1. MEN 680 kg 8 persons in the team
- 2. WOMEN 430 kg 6 women in the team
- 3. MIX 480 kg (3 men + 3 women)
- 4. JUNIOR -U23 560 kg -Young people from 16 to 22 years young (according GENSB rules)
- 5. TUG OF WAR CLUB "SALDUS" INVITES You participate in weight class 530 kg (6 men+1 woman)

If a woman competes in the team, the total weight of the team is increased by 10 kg

Rules according to TWIF indoor shoes

Regular buyable sports hall shoes with low profile without any additional sole!

Participation fee per person from 25.11.- 27.11.2022 (2nights accommodation and meals – dinner on 25.11; breakfast on 26.11, dinner on 26.11 and breakfast on 27.11) – up to 160 EUR.

After event we are inviting all participants to little party and celebrate the conclusion of a successful event.

Each participant will receive a unique participant's medal for participating in the European Cup competition.

The deadline for official team applications is October 1st, 2022 LTWF e-mail - virvesvilksana@inbox.lv and

LTWF e-mail - virvesvilksana@inbox.lv and CC - TWC "Saldus" - email - raivitavita@gmail.com (25. 11. 2022 Possible warm-up)

## Application (Entré) for the indoor European Cup competitions on November 26, 2022

The team submits the application by October 1st, 2022; and after this we will send to you invoice and additional information

					Team	
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	Name and surname			•		
	e-mail					
	pho	ne +		_		
	01.1.7		C 11	1		
Club / country Participate in						
Planned participate in the Weight categories			Man, Woman, U-23 planned		Planed arrive total account of Participants From club/ country	
	in the weight categories		o ze pamie			
				2		
	List of Part	icipants we are	waiting until 5 <sup>th</sup>	of Nov	zember	
Nr.	Name Surname	Birth	Plans participa		Do you have special needs	
NI.	Name Surname	yyyy.mm.dd	weight categories		(vegetarian, vegan, etc.)	
			#			
		1111			1 1 2 1	
	Appointed JUDGE. REFEREE		CATEGORE	EE		
		111				
C	lubs bank account to prepar	re INVOICE	Possible book	coach	transfer from Riga aeroport	
Bank			to Saldus and return			
IBAN			(50 seats bus (Full completed) 20 EUROS			
Account			per person			
Payments we are requesting until November 5th, 2022			( 20 seats bus ( Full completed ) 25 EUROS per person			
Transport information			(Separate payment)			
The t	eam's planned arrival date, ti		(ospurate pu)			
	-	n, bus, ferry, ect.	И	/elcon	ne to Saldus!	
Depa	rture				a little written informa-	
	ranteed free parking will be a		tion from your club - history, achievements			
	cessary to pick up from Riga	-			ilksana@inbox.lv and	
•	i want to travel by public tran	-		CC: - TWC "Saldus" - e-mail raivitavita@gmail.com		
the ticket price from Riga to Saldus is 5.05 EUR (We can provide additional information on how			Phones : Lilita Mukina (	Lilita Mukina (Secretary of Latvia TWF)		

+ 371 29520716) Raivita Tuka + 371 29588844 (TW club Saldus)

to get from Riga International Airport to Riga

International Bus Station)